

E.P. TOM SAWYER STATE PARK

5,000 METER COURSE

ATHLETES WILL RUN THIS LOOP TWICE CONSECUTIVELY

1 K

3 K

2 M

1 M

4 K

2 K

3 M

START

FINISH

TEAM TENT AREA

TEAM PARKING

OFFICIAL'S TENT

FREY'S HILL ROAD

LEGEND

- 1ST SECTION - START TO 2K
- 2ND SECTION - 2K TO 4K
- 3RD SECTION - 4K TO FINISH

Scale: 1" = 400'